



CASS QUARTERLY NEWSLETTER

FOR STAFF MEMBERS Issue No. 5 | 25 October 2024

MY VOLUNTEERING JOURNEY

– MESSAGE FROM DEPUTY CHAIRPERSON/SECRETARY
MR. ANTHONY PANG OAM



I am delighted to extend my greetings to the readers of this newsletter and to introduce myself. I have served as a Director on the CASS Board since 2012 and as Deputy Chairperson/Secretary since 2016. I have been collaborating closely with Board members to guide the organisation's sustainable growth. My expertise as a Certified Public Accountant enables me to support CASS in becoming a leading service provider for multicultural communities, particularly those of Asian descent. For over 33 years, I have devoted my time to promoting multiculturalism, social justice, and community harmony. My involvement spans numerous community organisations and government bodies, including the Chinese Australian Forum, the NSW Community Relations Commission, the Justice Multicultural Council, and others.

I have also held leading roles in various advisory councils and committees, working to improve awareness of multiculturalism and human rights among migrant communities. I have tirelessly supported emerging migrant communities and new arrivals, particularly those from war-torn countries, human crises, and/or those arriving as humanitarian refugees.

In 2013 and 2016-17, I campaigned for the retention of and successfully quashed any changes to the Racial Discrimination Act S18c and d, and successfully safeguarded the rights of vulnerable individuals in Australia. I also submitted petitions and lobbied to strengthen the NSW Anti-Discrimination Act S20d and to simplify the laws for an easier way to prosecute. In addressing incitement of violence against certain groups, I together with other community leaders advocated the importance of an Act that would address this issue. As a result, S93z of the Crimes Act was introduced.

In 2024, I was honoured with both the "Order of Australia Medal" (OAM) and the "Premier's Multicultural Community Medal - Lifetime Community Service" for my dedicated volunteering work and contributions. My journey in volunteering is driven by my passion for fostering a harmonious society, supporting the disadvantaged, and promoting mutual understanding across diverse communities. I hope to inspire more people, especially the younger generations, to embrace volunteering and make a positive impact.



1 CASS Corporate Planning Day: Shaping Our Future Together

On 2 August 2024, the CASS Corporate Planning Day was held with 98 stakeholders in attendance, including staff, volunteers, board members, community representatives, and work partners. It was a valuable opportunity for everyone to deepen their connection with CASS and participate in inspiring discussions and presentations about our plans for the next five years.

Our inspiring speakers, Mr. Pino Migliorino AM from Cultural Perspectives Pty Ltd, and Prof. Bingqin Li from UNSW Social Policy Research Centre, provided invaluable perspectives on multicultural community services and social policy. Our Chairperson, Prof. Stephen Li, and founding members, Mr. Henry Pan OAM, Dr. Leng Tan and Mr. Ching Tan, also shared heartfelt stories about their journey with CASS. The speeches and presentations were captioned and are available [here](#). We highly recommend you spare a few minutes to watch the recordings.

Thank you to everyone who participated and contributed to making the event a productive and memorable day!



2 CASS Won 3 Awards at the 2024 Third Sector Awards

On 12 September 2024, at Intercontinental Double Bay, we were honoured to receive awards in three categories at the 2024 Third Sector Awards, the largest and most prestigious ceremony recognising excellence within the Not-for-Profit sector.

Among the 10 award categories, the Sustainability Leadership Award was bestowed upon our parent entity, Chinese Australian Services Society Ltd; while the subsidiary, CASS Care Ltd, was recognised with the Cultural Diversity and Inclusion Award. Additionally, our esteemed Foundation Chairperson/Honorary Executive Director, Mr. Henry Pan OAM, was honoured with the CEO of the Year award.

Mr. Henry Pan OAM was accompanied by CASS Deputy Chairperson/Secretary, Mr. Anthony Pang OAM, along with several senior CASS staff members of CASS to receive the trophies. Congratulations!

Click [here](#) to listen to Henry's interview with SBS Mandarin on how CASS achieves cultural inclusion and sustainability in Australian society and the future development vision of CASS.



3 CASS Disability Services Celebrated its 21st Anniversary

On 13 July 2024, we celebrated 21 years of CASS Disability Services at CASS Activity Hall. 80 participants, along with their families, carers, and community members gathered for a heartwarming day of connection and celebration.

The event began with a lively dance by participants of the CASS Day Program, setting a joyful tone. Inspiring speeches from CASS representatives followed, and a mesmerizing Gayageum performance showcased the beauty of Korean culture.

The vibrant senior dance group Global Gypsie Ladies dazzled with their colourful and energetic routines, while a talented guitarist added a touch of musical magic to the festivities. The day's excitement peaked during the lucky draws, and the cake-cutting ceremony beautifully marked 21 years of dedicated service and commitment to the community.

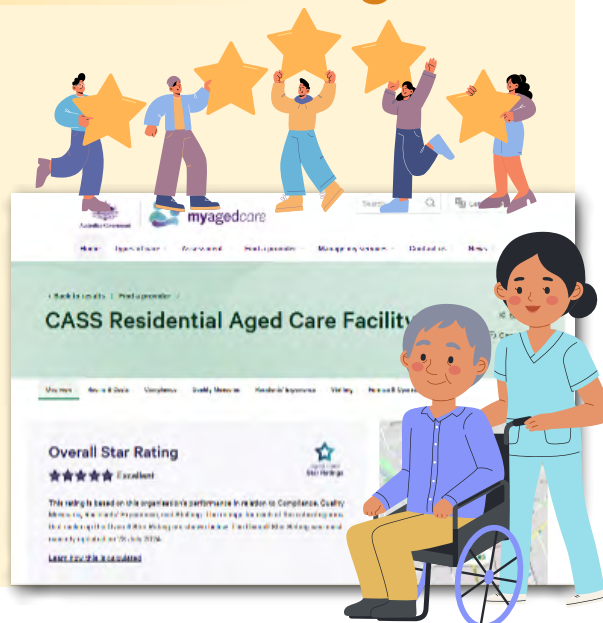


4 CASS Campsie RACF Achieved 5-Star Rating

On 29 July 2024, CASS Campsie Residential Aged Care Facility (RACF) received an overall 5-star rating under the Star Ratings program administered by the Department of Health and Aged Care. All rating results are publicly accessible on the My Aged Care official website.

This outstanding achievement highlights our commitment to high-quality care services and is a significant honour, especially given the introduction of new and higher standards for the aged care sector in July 2022. Currently, out of 832 registered RACFs in New South Wales, only 10 have received a five-star rating, and CASS is the only one among them that specifically serves the East Asian community.

Check the star rating result [here](#) on My Aged Care website. Let us continue working together to maintain and exceed these standards in the future.



5 CASS SLELC Won the 2024 North Shore Local Business Awards

On 13 August 2024, CASS Gumnut Early Learning Centre - St Leonards (SLELC) won the 2024 North Shore Local Business Awards in the "Outstanding Early Childhood Centre" category. CASS Deputy Chairperson/Secretary Mr. Anthony Pang OAM, General Manager of CASS Child Care Services Ms. Dorothy Hung, and Teaching Director of SLELC Ms. Monalisa Jani attended the presentation night. Congratulations to the team!

This award serves as a testament to the SLELC team's unwavering commitment to providing outstanding early learning experiences. At CASS, we are delighted to provide high-quality services to nurture our loved next generation. We sincerely thank our families and the community for their continued support.



6 CASS Appreciated Volunteers During Mid-Autumn Festival

On 3 September 2024, at Rhodes Phoenix Restaurant, we hosted the annual Volunteers' Thanksgiving Luncheon 2024 which was attended by over 300 volunteers and distinguished guests.

The event was graced by esteemed representatives from Federal, State, and local governments, who presented certificates to our volunteers in appreciation of their efforts in fostering community harmony and assisting CASS in its delivery of various multicultural community services and activities. Several activity groups also gave wonderful stage performances.

Visit [here](#) for more details about the event and watch the video [here](#) for highlights of the speeches.



7 CASS Received Smart Wheelchairs Donated by iRest Australia

On 6 September 2024, CASS received a generous donation of three foldable Smart Electric Wheelchairs from iRest Australia. A handover ceremony was held at our Belfield Group Home, with Ms. Grace Lee, Director of iRest Australia, and several CASS Management members attending the event. A certificate of appreciation was presented to Ms. Grace Lee, expressing our gratitude for iRest's generous donation. One of the wheelchairs was gifted to a Korean HCP consumer for outdoor activities, and the other two were donated to CASS Disability Services.



8 CASS Volunteers Received 2024 NSW Volunteer of the Year Recognition Awards

On 12 August 2024, the 2024 Sydney City/Eastern Suburbs Volunteer of the Year Award ceremony was held at Paddington RSL. Our dedicated volunteer Ms. Yongqing Lu was nominated for the award and received a certificate in recognition of her outstanding service to the community.



On 11 September 2024, three of our amazing volunteers Mr. Duy Hoa Dao, Mr. Choon Take Kim, and Mr. Cheng Shi received Mid-Western Sydney Seniors Nominee certificates of the 2024 NSW Volunteer of the Year Awards. All three gentlemen attended the award ceremony at Club Burwood RSL.

On 12 September 2024, the 2024 Central Sydney Volunteer of the Year was announced at Club Parramatta. Our awesome volunteer Mr. Sam Thuan Hieu Van attended the award ceremony and received the Central Sydney Seniors Nominee certificate of the 2024 NSW Volunteer of the Year Awards presented by Mr. Jordan Lane MP, Member for Ryde.

We are incredibly grateful to all our devoted volunteers for their service to the multicultural community!



9 The CASS Moon Festival Creative Competition Successfully Concluded

On 2 October 2024, the CASS “My Beloved Moon Festival” Creative Competition 2024 concluded successfully with an awards ceremony at Taste of Shunde Restaurant in Hurstville. Winners, sponsors, judges, CASS board members and the CASS Council of Elders attended the event. A total of 15 winners were selected across the Child & Junior and Adult categories, with 6 awards in each group, along with 3 Best Popularity awards. All participants displayed remarkable creativity, sharing their interpretations of the Moon Festival through their submissions. The winning entries, exhibited at the event, stood out for their innovation and quality in concept, composition, meaning, and colour. Watch the video [here](#) to see the winners and their submissions.



10 Finalists for the 2024 Excellence in Early Childhood Education Awards!

We are thrilled to announce that we have been selected as finalists for the prestigious 2024 Excellence in Early Childhood Education Awards, organised by the Australian Childcare Alliance NSW (ACA)!

Our nominations reflect the hard work and dedication of our teams and educators in the following categories:

- Excellence in Environmental Program (CELC: Sensory Garden);
- Excellence in Community Involvement (HELC: Intergenerational Program);
- Team Excellence Award – Metropolitan Service (SLELC);
- Metropolitan Business Excellence Award (SLELC);
- Female Educator Excellence Award (Wendy Xu).

The winners will be announced on 2 November 2024 at the Awards Celebration Dinner at Hyatt Regency, Sydney CBD. We are incredibly proud of our dedicated teams and educators and look forward to the outcomes of this remarkable recognition!



1. RESIDENTIAL AGED CARE SERVICES (RACS)

CASS Campsie RACF Hosted Father's Day Gathering

On 1 September 2024, CASS Campsie RACF hosted a meaningful gathering for the residents to celebrate Father's Day. The celebration included shared stories, special treats, and moments of reflection on their journeys as fathers. Each father received a thoughtful gift, adding to the warmth of the occasion. The event fostered a sense of friendship and community, with residents supporting each other, creating a family-like atmosphere. It was a touching day that honoured the fathers among us and celebrated the enduring bonds of friendship and care.



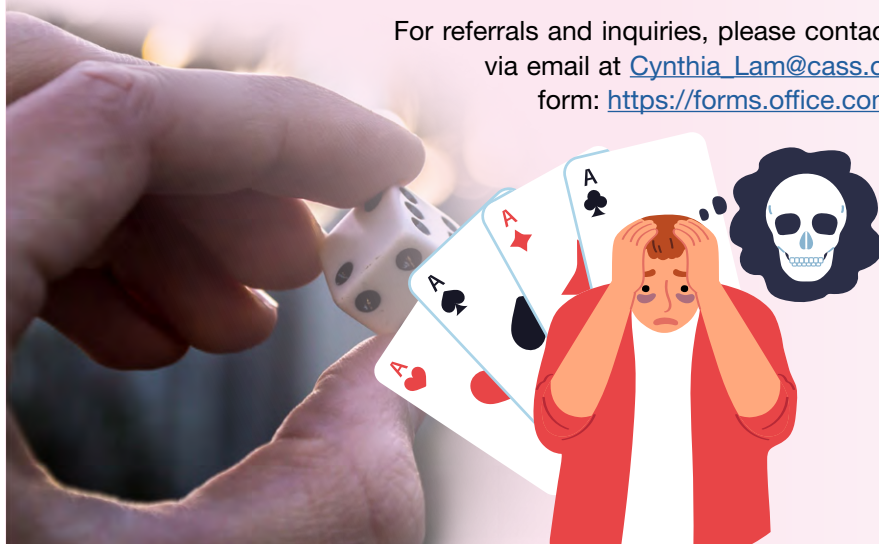
2. COMMUNITY SOCIAL SUPPORT SERVICES (CSSS)

Victory in Hand - Gambling Harm Minimisation Scheme

Good news! We are excited to announce the launch of the Victory in Hand - Gambling Harm Minimisation Scheme, which began in June 2024, funded through the Community Benefit Payment Scheme.

Our program offers information sessions within the Chinese-speaking communities in Burwood LGA to raise awareness of gambling-related issues. In addition, we provide face-to-face, telephone, and online consultations and referral services for individuals and their loved ones affected by gambling harm, regardless of their location.

For referrals and inquiries, please contact Ms. Cynthia Lam at 0421 209 872 or via email at Cynthia_Lam@cass.org.au. Alternatively, you can fill out this form: <https://forms.office.com/r/PVKhDG6zsg>.



Want to learn how to gamble healthily?
Concerned about your love ones' gambling situation?
Please contact us.

Free of charge

We offer face-to-face, telephone and online consultations.

- ✓ Listen to you and your love ones' concerns
- ✓ Help you understand where you are and what help is available to you
- ✓ Referral to free legal advice and financial counselling services
- ✓ If you also experience other situations such as domestic violence, mental health, housing and other problems, We will accompany you in your search for the assistance you need

Need Help?

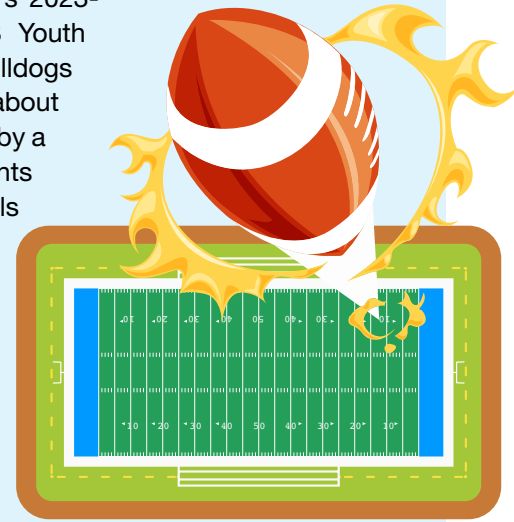
Contact
Cynthia Lam
0421 209 872
02 9789 4587
cynthia_lam@cass.org.au

Funded through the Community Benefit Payment Scheme

3. SETTLEMENT & HEALTH SERVICES (SAHS)

CASS Held Youth Activity Group Rugby Clinic

On 12 July 2024, with support from the Canterbury-Bankstown Council's 2023-2024 Community Grants and Event Sponsorship Program, the CASS Youth Activity Group Rugby Clinic was held at the Canterbury-Bankstown Bulldogs Rugby League Football Club. 12 young migrants participated, learning about the history of rugby and developing new skills. The clinic was co-facilitated by a Bulldogs Rugby League facilitator and our caseworkers. All young participants engaged in teamwork games, which helped improve their interpersonal skills and strengthened their connection with the local community.



CASS Participated in the Hornsby Emergency & Community Expo

On 8 September 2024, in partnership with Hornsby Shire Council, we participated in the Hornsby Emergency & Community Expo to promote CASS services to the community. Over 200 local residents in the Hornsby area received information about CASS services, with many expressing a keen interest in home aged care and residential aged care services.



CASS Organised Senior Support Group for Senior Migrants

In partnership with the City of Parramatta, SAHS organised a senior support group in September 2024 to help Chinese-speaking senior migrants build social connections in the local community while exploring the Parramatta area. A group of seniors visited the historic Old Government House, where they had the opportunity to deepen their understanding of Australian culture and history.



4. HOME AGEING SERVICES (HAS)

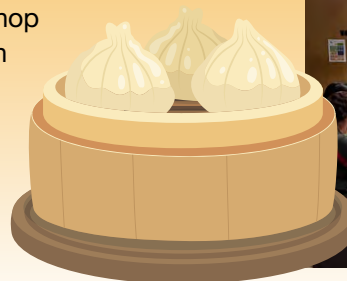
CASS Social Outing Activity to Guan Yin Temple

On 11 July 2024, to enhance social connections among clients, our HAS team organized a social outing to Guan Yin Temple. This activity not only allowed participants to enjoy our planned events but also provided a valuable opportunity to share common interests. About half of the participants bonded over their love of gardening, expressing joy in meeting others who share the same passion.



Dim Sum Workshop with Information Session on Aged Care System

On 17 July 2024, CASS and The Century hosted a dim sum workshop that attracted over 20 participants. Attendees enjoyed making dim sum while also benefiting from an information session on the Aged Care System in Australia, presented by HAS. The workshop was both fun and educational, leaving attendees with lasting memories and new skills.



CASS will Hold Celebration of Dong Zhi Festival 2024 Event

The HAS team will organise the Celebration of Dong Zhi Festival 2024 event from 10 am to 1 pm on 4 December 2024. The Chinese Dong Zhi Festival has deep roots in the Chinese community. It is a time for family reunions, and it is believed to mark the beginning of increasing positive energy, reflecting the values of family, harmony, and renewal while celebrating the turning point of the year and the promise of brighter days ahead. The celebration will provide a platform for the HAS team and clients to reunite and strengthen their sense of belonging with CASS. Welcome to attend!



5. CHILD CARE SERVICES (CCS)

Mandarin Picking Fun with CASS Seniors and Gumnut Kids!

On 12 July 2024, as part of our Intergenerational Program, seniors from our Campsie RACF joined the children from CASS Gumnut Early Learning Centre - Campsie (CELC) for a wonderful day of mandarin picking! With assistance from staff, the children climbed ladders to pick mandarins while the seniors held baskets to gather the fruit. The day was filled with laughter and joy as both groups shared fresh, juicy mandarins, making it a truly heartwarming and memorable experience for everyone involved!



Happy Early Childhood Educators' Day

On 4 September 2024, our Campsie, Hurstville, and St Leonards services celebrated the dedication and passion of our amazing team at CASS Gumnut Early Learning Centre. Their commitment to nurturing and inspiring our children is truly commendable. Thank you to our wonderful educators for making a difference every day, and to our families for their ongoing support.



Celebrating the Mid-Autumn Festival 2024!

On 17 September 2024, the children in our services had a fantastic time learning about the Mid-Autumn Festival as part of our ongoing cultural events. They eagerly participated in a hands-on experience making their very own mooncakes, excitedly shaping, filling, and decorating these special treats. The children then gathered for a delightful tea time, sharing the mooncakes they had made and reflecting on the traditions of family, unity, and gratitude that the Mid-Autumn Festival represents. It was a joyful and delicious way to celebrate together!



6. HUMAN RESOURCES MANAGEMENT (HRM)

We are excited to announce the successful launch of our new workforce management software, Humanforce (HF), in late September 2024. This system will streamline and optimise our workforce-related processes.

Staff members can now use the HF mobile app or kiosks (for those working in the facility/centre) to clock in and out. Additionally, you can access the HF portal or mobile app to apply for leave, view payslips, and more. This paperless system is both efficient and environmentally friendly.

Thank you for your cooperation as we transition to this new system!





WHAT YOU MAY NOT KNOW ABOUT CASS

25th Anniversary of Home Ageing Services

Let us take a moment to reflect on the early years of establishing our Home Ageing Services. Many may not know that Dorothy Hung, currently as General Manager / Child Care, Vocation & Training Services, played a pivotal role in this initiative. She has been invited to share her insights on the vision, opportunities, and challenges encountered during those formative days.

I joined CASS in January 2000 to lead the Community Aged Care Packages (CACP) (now Home Care Packages aka HCP). My initial vision for the service was to address the needs of seniors who had language difficulties in understanding and accessing community services.



In 2002, we expanded services to the Korean community. Recruiting experienced Chinese and Korean support workers who spoke limited English was challenging. Most were not locally trained, so we organised English classes. Some of them have been working at CASS for years and recently retired. We are' fortunate to have such passionate and committed team members at CASS.



I was fortunate to take part in applying for Extended Aged Care at Home (EACH) and Extended Aged Care at Home Dementia (EACHD) before I left CASS in late 2007. It was my honour to witness the services evolve to focus on dementia care and meet specific cultural needs. Looking back, it was amazing to see the rapid growth of home ageing within just seven years. Despite the challenges, it was a rewarding learning journey, and I have learned so much from our consumers, staff, and volunteers.

Timeline

1987

CASS co-founded Elderly Australian Chinese Home Co-operative Ltd (EACH Co-op) with the Chinese Youth League and Sydney Chinese School to support the welfare of the Chinese elderly. The first major project was the Croydon Hostel.

1990

CASS began to organise a series of community fundraising activities/events for the Croydon Hostel project.

1993

Hua An Seniors Group was established, with its Chinese name symbolising the collaboration between CASS (Hua) and EACH Co-op (An) in founding this group.

1994

- The Croydon Hostel officially opened. However, CASS and EACH eventually separated due to differing views. Nevertheless, CASS had made significant contributions to build a solid foundation for EACH Co-op.
- During the Croydon Hostel project, the CASS Board recognised that many frail aged individuals in the Chinese community preferred to remain at home and needed care services. The Board decided that provision of community aged care should be the direction of CASS.



1999

After persistent efforts, **CASS secured CACP places to care for the elderly in their homes, starting with 30 places for the Chinese community**, covering Inner West, Canterbury, Marrickville, St George, and Sutherland areas. This marked the foundation of our Home Ageing and Disability Services (HADS), established in 2009.

2002

An additional 13 CACP places were granted to extend services to Chinese-speaking individuals in the Inner West and South East Sydney regions, along with 10 places to establish CACP service for Korean-speaking seniors residing in the same regions. This brings the total to 53 packages (43 Chinese, 10 Koreans).

2003

CASS Aged Day Care (ADC), a funded centre-based respite care service began operating once every week at the CASS activity hall for Chinese-speaking frail seniors residing in the Inner West region.

2005

CASS commenced the funded Dementia Day Care (DDC) service to provide activities for older people living with dementia.

2006

CASS secured 13 additional Chinese and 11 Korean CACP packages to cover the Northern Region of Sydney, bringing the total to 77 packages since 1999 (56 Chinese, 21 Korean).

2007

The application of CASS was approved to provide EACH and EACHD services in the Northern and South East Regions. These services were designed for Chinese-speaking seniors with high care needs.

2011

CASS was approved to provide 22 CACP packages for Koreans residing in the Inner West, South East, and Northern Regions. We also self-funded a Korean seniors group in Ashfield, aiming at promoting a healthy lifestyle, wellness, and community participation.

2013

Following the restructuring of the federal government departments, HCP was introduced to consolidate EACH, EACHD, and CACP.



2015

- The government announced the Home and Community Care (HACC) program was transited to the Commonwealth Home Support Programme (CHSP), providing older Australians with entry-level support to live independently at home.
- Following the National Disability Insurance Scheme (NDIS) reform, HADS decided to separate Home Ageing Services (HAS) and Disability Services (DS) into two distinct units to enhance their potential for service delivery.

2019

CASS expanded its home ageing services to the Vietnamese community and, later, the Indonesian community, to better serve consumers from multicultural backgrounds over the years.

2024

Today, CASS proudly aged care services to over 2,300 consumers each week to seniors from East Asian backgrounds, including Chinese, Korean, Vietnamese, and Indonesian, as well as the general public. Our services have expanded beyond Metropolitan Sydney to also cover Wollongong and Melbourne.



30th Anniversary of Settlement Services

This year, we proudly celebrate 30 years of our Settlement Services. In the early 1980s, as Australia embraced multicultural policies, the Chinese community in Sydney faced considerable challenges and lacked essential services. In response to a government call for social services, our parent entity, the Chinese Australian Services Society, was founded to support the growing wave of migrants of Chinese background.

In 1993, when the Immigration Department permitted 40,000 Chinese students to remain in Australia, CASS recognised an urgent need to assist these individuals. Our Foundation Chairperson, Henry Pan, led a small volunteer team to help over 1,000 applicants during a series of weekends, providing critical services such as form-filling, document certification, and translation. This initiative gained high appreciation from government departments, despite being implemented without funding support.

A groundbreaking milestone was achieved in 1994 when CASS secured federal funding to hire its first full-time worker dedicated to providing settlement services for Chinese-speaking migrants in Campsie and Ashfield. This marked the formal establishment of our settlement services, designed to assist migrants in navigating the complexities of settling into a new country.



Commitment

In 2002, CASS was selected by the Immigration Department as one of three organisations to manage the increased workload following the closure of the Inner West Migrant Resource Centre. From 2012, CASS has been the only Chinese organisation in Sydney funded to provide settlement services.

Our commitment to inclusivity has led CASS to extend its services beyond government funding, ensuring that all migrants can access support based on their needs rather than solely on eligibility criteria. By collaborating with local councils, libraries, public schools, hospitals, police stations, TAFE, and legal services, CASS delivers comprehensive community engagement programs. Additionally, CASS continually advocates for addressing service gaps through policy submissions on multiculturalism and social inclusion.

Impact

Today, CASS settlement services extend across most of Sydney's metropolitan areas, with 9 outreach service locations. These services are tailored to meet the specific needs of eligible clients, empowering them to achieve their settlement goals and integrate into society. CASS has built a strong reputation among government bodies, partner organisations, and local communities, resulting in many referrals through word-of-mouth. For over 30 years, CASS has remained committed to our mission of supporting the diverse needs of migrants.

Significant Achievements

Settlement Services Case Management

Records Since Service Establishment

74,200 clients

3,300 client sessions



Domestic and family violence case management

Records Since Service Establishment

Over 100 clients



Settlement-related workshops

Records Since Service Establishment

Over 1,300 rounds



Citizenship preparatory classes

Records Since Service Establishment

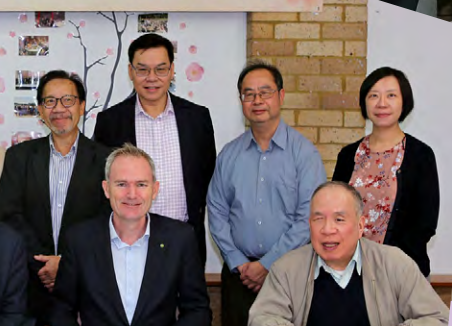
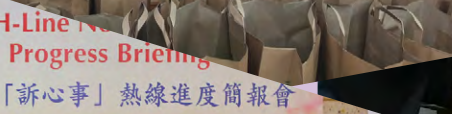
Over 5,000 participants



Tax Help services

Records Since Service Establishment

Over 3,900 clients



Sharing by An Existing Staff Member

I am Ivan Wong, General Manager/Strategic Support, Community Services Directorate. It is hard to believe I have been with CASS for almost 30 years — what a journey it has been! Watching CASS grow and thrive over the years has been truly remarkable. I have had the privilege of taking on a variety of roles, from overseeing activity groups, volunteering services, the Chinese School, and the Academy of Arts to managing Home Ageing and Disability Services.

One of the most unforgettable projects I was part of was the first RACF located in Campsie, back in early 2012 when we obtained the government approval. I admit, I was nervous at first — managing a construction project was completely new for me, and we were building everything from scratch. But with persistence and determination, we pulled through, and looking at what we have accomplished now, it feels awesome.

Another milestone in aged care services was the comprehensive reform of HCP initiated in 2017. This transformation led to a remarkable increase in our consumer numbers, expanding from 107 packages to over 2,300 clients, including CHSP services, in 2024. This growth required us to expand our workforce and completely overhaul our management systems. It was another case of learning everything from scratch, but again, we did it.

Remember, stay positive, proactive, and always ready for change. A growth mindset is the key to tackling any challenge.

Keen to hear more about my leadership experiences at CASS and beyond? Stay tuned to CASS publications — I have plenty more to share!



Have something exciting to share like Ivan?

We are eager to hear your stories! Please reach out to Mr. Brian Guo at Brian.Guo@cass.org.au.

Hometown Recipes Sharing

We are excited to share the following traditional mooncake recipe from our colleague, Ms. Helen Song, of the Promotions Unit.

Symbolising togetherness and good fortune, mooncakes are often shared among loved ones as a gesture of appreciation and good wishes, especially during the auspicious Moon Festival. This is a time when families and friends gather to celebrate the full moon, unity, and harvest.

If you would like to share your favourite hometown recipe with us, please send it to Mr. Brian Guo via email at Brian_Guo@cass.org.au. We will publish it in our upcoming internal newsletter, and you might even win a special prize!

Traditional Mooncake Recipe

Ingredients

- Golden Syrup: 160g
- Cooking oil: 60g
- Cake flour: 225g
- Lye water: 5g (Or baking soda powder: 1g; and add it to 5g water)
- Shop-bought lotus seed paste: 400g; cranberries: 50g
- 1 egg yolk (about 30g) + 1 spoon water



Tool

- Mooncake mould (Size: 50g)

Steps

1. Mix Golden Syrup with oil. Stir them for 2 minutes until fully combined.
2. Add lye water and stir for 5 minutes.
3. Add sifted flour to the above mixture and mix them into a dough. Cover the dough with cling wrap and rest for 1 hour.
4. Split the dough evenly into 18 pieces (25g each).
5. Mix the paste with cranberries and split evenly into 18 pieces (25g each). Shape them into a ball.
6. Flatten a piece of dough into a wrapper. Put the paste into the wrapper and seal it.
7. Put the assembled ball into a mooncake mould and shape it into a mooncake.



8. Finish all the mooncakes using the above method.
9. Brush egg yolk water on mooncakes.
10. Preheat the oven to 175°C and bake them for 20 - 25 minutes.
11. Remove the mooncakes once golden brown.
12. Do not rush to eat them. They are dry. Store them in a container for 1 to 2 days. During this period, mooncakes become soft and gain a nice shiny appearance.



Notice Board

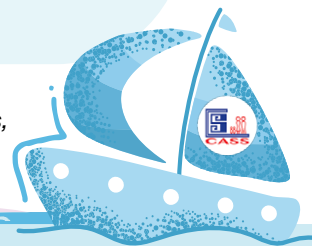
2024 END-OF-YEAR BREAK



2024 END-OF-YEAR BREAK will start from
Monday 23 December 2024
to **Friday 3 January 2025**
Christmas / New Year holiday!

Remark:

The end-of-year break period does not apply to Home Ageing Services, Disability Services, and Residential Aged Care Services.



Special Collaboration

LingoAce

Free Online Class

with **Gift Card & Prize Draw**



LingoAce, a leading online learning platform and a top global leader in online education, offers one free online Chinese or Math (teaching in English) class to all our dedicated employees and volunteer families. This is a fantastic opportunity to enhance your beloved kids' skills and knowledge from the comfort of your own home.

- **One Free Class:** All CASS families and friends enroll in and complete one free Chinese or Math class.
- **\$30 Gift Card:** Receive a \$30 gift card upon booking and completing a class.
- **Prize Draw:** All participants will be entered into a prize draw for a chance to win exciting rewards.

Scan the QR code below to know more



LingoAce WeChat



LingoAce WhatsApp



Staff Benefits

Notice Board

Two Years' Free Membership of Blue Light Card

Exclusive discount from 4% to 20% with the first two-year membership fee waived for all new and existing CASS staff members. Sign up for free [here](#) using the promo



code **BLCCASS** by the deadline of **Tuesday, 31 December 2024.**

Enjoy!

CASS Staff Childcare Discount



CASS staff can enjoy the following discounts in all our 3 ELCs:

- 15% off using a full week of service;
- 10% off for using service partially of the week.

Special Discounts and Offers for CASS Staff

We are also thrilled to announce that 2 cafés and 2 shops kindly offer discounts or free drinks to our CASS staff. Proof of CASS staff identity such as the staff profile page in the HumanForce app is required to be shown for consumption on site. Enjoy the offers!



Vege4Love Tel: (02) 9558 1608

Address: 28/49 Carrington Rd, Marrickville NSW 2204

<https://g.co/kgs/scBQCtB>

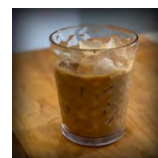
Description:

Southeast Asian vegetarian and vegan restaurant

Staff benefit offer: \$5 discount for each person

(\$30 minimum expense)

Pork Hub



Pork Hub Tel: (02) 9550 1324

Address: 25/45-51 Huntley Street, Alexandria NSW

Description:

Vietnamese cafe with signature caramelized pork roll

Discount and offer:

Free Vietnamese iced coffee with any roll, rice or other lunch purchase

Kendo Electrical Pty Ltd - Sydney Only

Tel: 0432715127

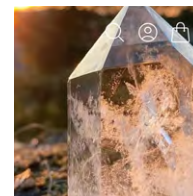
Email: kendonsw@gmail.com



Description: Kendo Electrical specializes in the supply and installation of EV chargers, with over 3 years of experience and more than 500 successful residential and commercial installations. The team is committed to delivering reliable and efficient charging solutions tailored to your needs, ensuring seamless integration for homes, businesses, and public spaces. Trust Kendo Electrical to power your EV journey with expertise and professionalism.

Discount and offer: 10% discount (please call/text or email Rachel 0432715127 / kendonsw@gmail.com and quote "Cass" for the promotion offer).

moon rituals



Make A Friend Pty Ltd - Moon Rituals

Tel: 0432 715 127

Online business: www.moonrituals.com.au

Description: Moon Rituals offers a curated selection of crystals, candles, crystal jewellery, and spiritual products designed to help you release stress and reconnect with your inner peace. Whether you are seeking calming energy or a deeper connection to yourself, our handcrafted items support your wellness journey with soothing and intentional vibes. Let the magic of moon rituals and natural elements guide you to balance and tranquillity.

Discount and offer: 40% Off - use Code "Cass" at check out

Staff Recreation Group



CASS Staff Badminton Group

Every Monday and Wednesday, 6 pm – 8 pm.

CASS Activity Hall in Campsie

\$2 per attendance

All staff are welcome!

Scan WhatsApp QR Code to register.



CASS Table Tennis Group

Every Tuesday, 6 pm – 8 pm.

CASS Activity Hall in Campsie

\$2 per attendance

Scan WhatsApp or WeChat

QR Code to register.



STAFF CORNER

Corporate Affairs (CA)



Chris Liu
Corporate Affairs
Coordinator
Helping others is
helping ourselves.

CASS Family Day Care (CFDC)



Kate Pham
CFDC Coordinator
I'm Kate Pham from
a Vietnamese cultural
background. I'm delighted
to join CASS as a part-time
CFDC coordinator.

Multicultural Community Services Development (MCSD)



Elen Dinh
Community Services
Worker
I am proud to be a
member of CASS to
serve our communities.



Jasmine Lin
Corporate Quality
Assurance Officer
(Clinical Service)



Eunice Choy
Administrative
Assistant



**Phuong Nguyen
Thanh Phan**
Settlement Worker
Enjoy the little things, for one
day you may look back and
realise they were the big things.

Child Care Services (CCS)



Jianming Liu
Early Childhood Educator
(Certificate III) / HELC



Siju Poudel
Kitchen Assistant / SLELC



Yvonne Lee
Early Childhood Educator
(Certificate III & Diploma) / CELC
Thank you for having me here. Best
wishes to all.



Natasha Patel
Early Childhood Educator
(Diploma) / SLELC
Every child is a different kind of
flower and all together, they make
this world a beautiful garden.



Sujita Ghimire
Early Childhood Educator
(Certificate III) / SLELC
As a childcare educator, my passion lies in fostering a nurturing
environment where every child feels valued, supported and
empowered to explore their curiosity and potential.



Usha Dadhich
Early Childhood Educator
(Certificate III & Diploma) / SLELC
I am a very calm, work-focused and
children-loving educator.

Disability Services (DS)



Radium Sharma Bhusal
Disability Support Worker
I am humbled to be part of the CASS group.



Xiaozhou Zhou
Disability Support Worker
Cooperate with others, empower people to
live their best life and always be positive.



Jung Hwa Kang
Disability Support Worker
I am excited to work in the Disability
Services team.



Jiuhui Huang
Disability Support Worker

Welcome



STAFF CORNER

Home Ageing Services (HAS)



Yun Mi Lee
Support Worker



Danny Luo
Support Worker
I have rich and hands-on experience in providing professional support satisfying clients with diversified needs from teenagers to elderly people.



Sean Sun
Support Worker



Hailey Lee
Support Worker



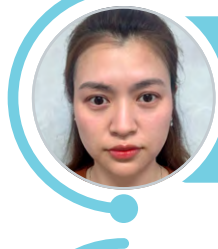
Dang Thuy Vy Ho
Support Worker
Help others and achieve their dreams, and I will achieve mine.



Mandy Phan
Support Worker



May Chen
Support Worker



Thi Minh Trang Pham
Support Worker
I'm glad to be a new member of CASS team as Support Worker. Thank you.



Eva Huynh
Support Worker



Hendry Sigar
Support Worker



Dian Puspita Sari
Support Worker



Kevin Arsyad
Support Worker



Andrew Liu
Support Worker



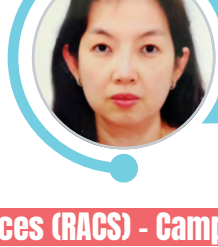
Eun Jung Park
Support Worker



Thi Tu Quyen Khong
Multicultural HAS
Registered Nurse
(Vietnamese)



Lin Ouyang
Support Worker

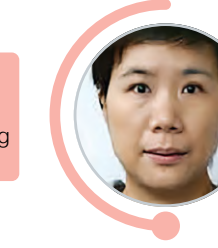


Rusliwati Nani
Support Worker

Residential Aged Care Services (RACS) - Campsie



Mingyan Liu
Assistant in Nursing



Nancy Wu
Assistant in Nursing
Work hard and live well.



Yvonne Chen
Assistant in Nursing

Welcome



STAFF CORNER

Residential Aged Care Services (RACS) - Asquith



Junia Lu

Assistant in Nursing

希望可以在沟通技巧上更加进步。
I hope to further improve my communication skills.



Ki Moon Kang

Assistant in Nursing
Nice to see you guys!



Lucy Lau

Assistant in Nursing



Sarah Sun

Registered Nurse



Cuiling Guo

Assistant in Nursing



Cherry Tam

Physio Assistant



Constance Cheung

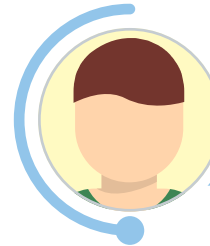
Registered Nurse



Jie Fang

Assistant in Nursing

I am excited to embark on this journey and contribute positively to CASS with dedication and passion.



Anna Ge

Assistant in Nursing



Jeffy Ng

Assistant in Nursing



Yunmi Lee

Assistant in Nursing



Ally Poon

Assistant in Nursing



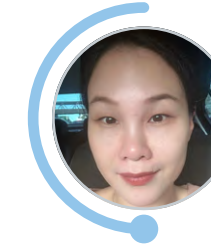
Clare Wu

Certificate IV
Assistant in Nursing



Jun Wang

Assistant in Nursing



Lisa Zhang

Assistant in Nursing



Caifeng Shi

Assistant in Nursing



Tom Li

Assistant in Nursing



Issac Lee

Assistant in Nursing



Julia Wang

Assistant in Nursing

Let's be nice! The more you give,
the more life gives back to you.



Suhnyi Chen

Assistant in Nursing

Welcome

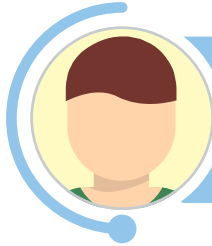


STAFF CORNER



Maggie Fu

Assistant in Nursing
I expect to meet all the other colleagues in the centre soon.



Hayden Li

Assistant in Nursing
I have finished my Bachelor of Nursing at the University of Technology Sydney in Australia.



Nancy Zhou

Assistant in Nursing



Joung Hwa Seok

Assistant in Nursing
안녕하세요. 새로운 환경과 새로운 분들과의 만남이 설레기도 두렵기도 하네요. 모두들 반갑습니다.
Hello! Meeting new people and being in a new environment is both exciting and a bit daunting. It's great to meet you all.



Suji Back

Assistant in Nursing
I am honoured to work at CASS. I look forward to forming good relationships with good people at CASS.



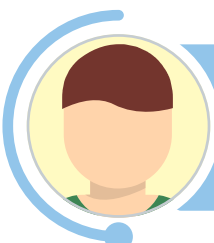
Miok Choi

Recreational Activity Officer



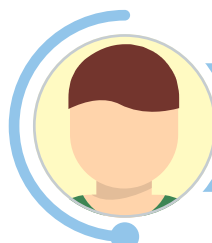
Kelvin Luk

Assistant in Nursing



Tina Yip

Assistant in Nursing
I'm happy to join the team, and I look forward to working together to solve problems and combine our efforts.



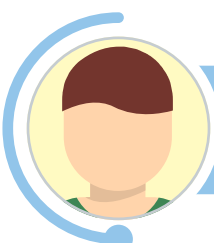
Fiona Ye

Assistant in Nursing



Clara Kim

Assistant in Nursing



Jimmy Chen

Assistant in Nursing
No pain, no gain.



Sheiry Chia

Assistant in Nursing
Provide care with full love and patience.



Ling Yang

Assistant in Nursing
I hope I can use my passion and care to make a positive difference in your life and help enhance your quality of life.

Kitchen



Joe Huang

General Services Staff & Kitchen Hand
Doing the best at this moment puts you in the best place for the next moment.



Albert Wong

Assistant Cook



Sally Liu

General Services Staff & Kitchen Hand



Elaine Liang

General Services Staff & Kitchen Hand

Welcome

