



CASS

QUARTERLY NEWSLETTER

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MESSAGE FROM DIRECTOR

Prof. JANE GYUNG-SOOK LEE

On 8 March 2026, I had the privilege of attending the CASS 45th Anniversary Celebration at Canterbury League Club. The event provided a valuable opportunity to reflect on CASS's journey since its establishment in 1981, and its continued growth into a leading multicultural organisation supporting diverse communities across Australia. Listening to the stories of the founding members, many of whom served as dedicated volunteers, was both inspiring and deeply meaningful.

As someone who arrived in Sydney as a migrant in 1986, I found these reflections particularly resonant. The challenges of settlement are often accompanied by hope, and organisations such as CASS play a vital role in supporting that journey.

It is a great honour to serve as a Board member. My academic and professional background, including teaching at the University of Sydney, UNSW, and in

Korea, has shaped my longstanding commitment to education and community development. Over several decades, I have also been actively involved in supporting migrants and seniors.

Currently, I contribute by teaching English to CASS volunteers and seniors. As one of the first Directors from a Korean background, I am committed to ensuring that the needs of the multicultural community, including but not limited to the Korean community, are meaningfully reflected in CASS's work.

I look forward to working closely with our dedicated staff members and volunteers to further strengthen our inclusive community. I also warmly encourage members of our community to consider volunteering with CASS, as your time and contribution can make a meaningful difference in the lives of others.



1 The Minister for Mental Health and Youth Visited CASS Head Office

On 19 February, The Hon. Rose Jackson MLC, Minister for Water, Housing, Homelessness, Mental Health and Youth, accompanied by Mr. Jason Yat-sen Li MP, State Member for Strathfield, visited our head office in Campsie and was welcomed by our Board members and senior staff onsite. We outlined our services, shared experiences supporting multicultural communities, particularly in mental health and youth wellbeing, and discussed current challenges, insights into service delivery, and needs of culturally diverse families. The Minister also joined our Lunar New Year celebration festive activities onsite.



2 CASS Celebrates 45th Anniversary of Community Services

On 9 March, we celebrated the 45th anniversary of CASS and its dedication to serving multicultural communities. Over 220 guests attended this milestone event, including Federal and State MPs, Councillors, government officials, community leaders, CASS partners, volunteers, and staff members. Long-serving staff members and volunteers were recognised with the CASS Service Award in honour of their commitment. A commemorative 45th Anniversary video was launched, followed by some multicultural performances. Click [here](#) to reflect on the joyful moments at our celebration, and click [here](#) to listen to the NSW Premier's congratulations and acknowledgement of our enduring impact on the community.



3

CASS Awarded Premier's Multicultural Health Medal 2026

On 26 March, CASS was honoured with the Multicultural Health Medal at the Premier's Harmony Dinner at ICC Sydney. It recognises our dedication to providing culturally responsive health education and support services to culturally and linguistically diverse communities. This achievement marks our third Premier's Multicultural Community Medal since 2021, reaffirming our long-term impact on community wellbeing. We are deeply grateful to our staff members and volunteers whose hard work makes these milestones possible. Click [here](#) for more information.



4

Australian Vietnamese Women's Association Delegation Visited CASS

On 1 April, we welcomed the Australian Vietnamese Women's Association (AVWA) delegation, led by CEO Ms. Nicky Chung, to our head office. The Melbourne-based visitors toured our Residential Aged Care Facility and gained insights into our intergenerational programs. This visit lays a strong foundation for a cross-organisational partnership, aimed at enhancing multicultural community support across state borders.



5 CELC & SLELC Selected as Finalists for Local Business Awards 2026



Hooray! Our CASS Gumnut Early Learning Centre - Campsie (CELC) and CASS Gumnut Early Learning Centre - St Leonards (SLELC) have been selected as finalists for the Local Business Awards 2026! The teams' consistent dedication and commitment to quality care continue to be proudly recognised by the local communities in Canterbury-Bankstown and North Shore.



The voting for the North Shore Local Business Awards is going on. Click [here](#) or scan the QR code to cast your vote for SLELC by the deadline Tuesday, 26 May 2026.

The award winners for the Canterbury-Bankstown Local Business Awards will be presented on 26 May at the Revesby Workers Club. [Follow us](#) to hear more.

6 Vice Chairperson Ms. Tica Lee Won Community Service Award

Ms. Tica Lee, Vice Chairperson of CASS, was honoured with a Community Service Award in recognition of her outstanding contributions to the community. On 6 February, Ms. Lee attended a Community Recognition Morning Tea hosted by Mr. Mark Coure MP, State Member for Oatley.



7 CASS 45th Anniversary Charity Dinner 2026 Coming Soon in Mid-June

We are pleased to announce the CASS 45th Anniversary Charity Dinner 2026, to be held on 13 June 2026 at Rhodes Phoenix Restaurant (MM4/1 Rider Boulevard, Rhodes NSW 2138).

This special fundraising evening will bring together community members, supporters, and partners for a night of celebration, cultural performances, and giving. For details, please see the poster. Please help spread this great event opportunity and support CASS to make a difference together!

For enquires, please contact Ms. Phoenix Lu on (02) 9789 4587 (Ext. 1164) or phoenix_lu@cass.org.au.



1. CHILD CARE SERVICES (CCS)

National Child Safety Reforms

New national child safety reforms commenced on 27 February 2026, strengthening safeguards in early childhood education and care (ECEC). All relevant staff members must complete mandatory child safety training by 27 August 2026, in addition to existing NSW requirements. Approved providers must update workforce details on the new National Early Childhood Worker Register. New notification rules apply for significant ownership changes, and the Commission may direct individuals to complete specific training where compliance concerns arise. Personal digital device restrictions have been strengthened, with existing NSW rules remaining in place to support child safety, supervision, and accountability. Click the Early Learning Commission's webpage [here](#) for more information.



2. RESIDENTIAL AGED CARE SERVICES (RACS)

Campsie RACF Collaborates on Mealtime Care Project

CASS Campsie Residential Aged Care Facility (RACF) has partnered with Western Sydney University on a study to improve mealtime care for residents with dementia. The project evaluated training to enhance nursing staff's knowledge, skills, and attitudes, aiming to strengthen person-centred care and improve residents' nutrition and dining experience.

The project focused on strengthening the capability of staff members in providing person-centred support, improving the dining experience, and promoting better nutritional outcomes for residents. The findings of this collaboration have been published in the [Geriatric Nursing](#) journal, recognising the important contribution of our frontline team and highlights our commitment to evidence-based practice and continuous quality improvement.



3. HOME AGEING SERVICES (HAS)

Since 2026, our Home Support Services have gone beyond supporting seniors to live safely at home. We are dedicated to helping them live happier and more meaningful lives through Positive Psychology.

During the recent Lunar New Year, our "Gratitude" themed activity brought seniors together to share simple moments of joy from their daily lives, highlighting how small moments can foster happiness and fulfilment.

To learn more about HAS services and upcoming activities, please call on 02 9718 7305.



4. SETTLEMENT, HEALTH, EMPLOYMENT & TRAINING SERVICES (SHEATS)

Compliment Letter from Ms. Huang – Community Senior

"I am writing to sincerely commend the front desk staff member, Heidi, and express my appreciation to CASS.

During my visit to CASS, I became flustered and mentioned that I was not familiar with using a smartphone and wanted to learn. Noticing this, Heidi kindly assisted me with printing documents, organising forms, and guiding me step by step. She also helped me find information on smartphone courses, clearly explaining the details and providing contact information, all with great patience and care.

As an overseas Chinese, it can sometimes feel challenging and isolating, but every visit to CASS feels warm and reassuring. Heidi's attentive service truly reflects the commitment of CASS to support the community.

Thank you to Heidi, and I wish CASS continued success in its community work."



5. COMMUNITY SOCIAL SUPPORT SERVICES (CSSS)

Celebrating Wendy Liang's Retirement

A warm retirement celebration was recently held for Wendy Liang, attended by 47 participants, including Board and staff members. The event honoured her long service at CASS, with speeches, videos, and gifts recognising her dedication, compassion, and contributions.

Wendy has made a lasting impact through her support of community members, volunteers, and colleagues across services. Sincere thanks are extended for her years of service, with best wishes for a fulfilling retirement.



WHAT YOU MAY NOT KNOW ABOUT CASS

From 1981 to 2001

This year marks the 45th anniversary of CASS. From this issue, we have compiled a collection of precious photos to take you back to the early milestones and key events, covering its first chapter from 1981 to 2001.



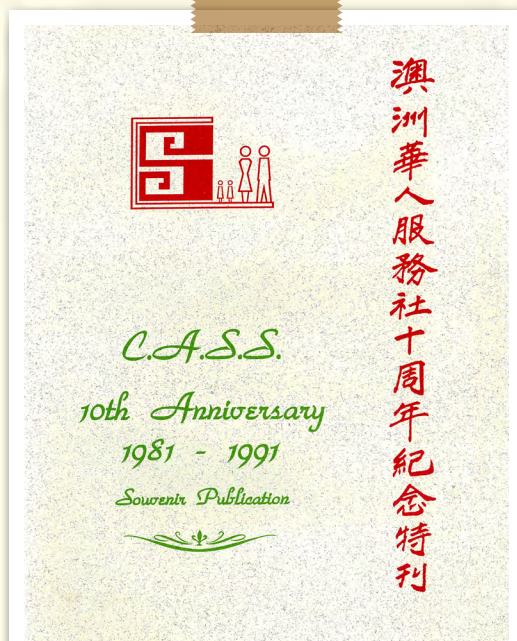
1991

CASS 10th Anniversary Celebration held.



1992

CASS "Dragon Charity Walk" launched.



1991

CASS 10th Anniversary Souvenir
Book published.



1994
CASS Open Day.



1995
CASS 15th Anniversary Celebration held.



2001
CASS 20th Anniversary Celebration held.



2001
CASS 20th Anniversary Open Day.



2001
CASS 20th Anniversary Souvenir Bulletin published.





SHARING BY A STAFF MEMBER

My Journey of Passion and Growth



I am Monalisa Jani, the Teaching Director of CASS Gumnut Early Learning Centre - St Leonards (SLELC). I migrated to Australia in December 2006 and, as a young migrant, was eager to contribute to the community. With a Master of Commerce and Bachelor of Education from India, and experience as a teacher and lecturer, I was well prepared to make a difference in early childhood education and began my journey with CASS in July 2010.



In 2012, the arrival of my baby girl brought tremendous joy. While leading the SLELC team, I remained committed to meeting every child's needs. My mission is to create a centre that feels like a second home, where children grow and dream. Through our "Little Scientist" approach, we make Science, Technology, Engineering, and Mathematics (STEM) fun and accessible while embedding Aboriginal culture and the Reconciliation Action Plan (RAP). We also enrich learning with special visits from professionals and exciting excursions.



Our team prioritises a warm, welcoming environment where staff members thrive and families feel at home. Some highlights for the team and me include winning the [Female Educator Excellence Award](#) from the Australian Childcare Alliance (ACA) NSW (2023), the [Local Business Award in the North Shore Area](#) for Outstanding Early Childhood Centre (2024), and the [Director/Nominated Supervisor Excellence Award](#) from ACA NSW (2025).



As Nelson Mandela once said, "Education is the most powerful weapon which you can use to change the world." I am grateful for the trust of children and families, the support of my team, and excited for the future ahead.

Notice Board

CASS Members' Benefits

External Discounts and Offers

We are thrilled to announce the variety of great benefits below for our CASS members. Proof of the CASS member's identity, such as a CASS Membership card, is required to be shown for consumption on site. Enjoy the offers!

The information in this section is provided by individual merchants, and CASS disclaims all responsibility for its content.

ECHO Lawyers

A legal services firm established by Solicitor & Notary Public Mr. Dong Chul Jung.

Tel: 0412 779 281

Email: echolawyers@outlook.com

Legal Service Discounts: \$50 off

1) Will Preparation

- Individual: \$300 → \$250
- Couple: \$500 → \$450

2) Enduring Power of Attorney (Financial)

- Per person: \$200 → \$150

3) Enduring Guardianship Appointment

- Per person: \$200 → \$150

Terms & Conditions:

- Exclusive to CASS staff and members regardless of community background.
- Valid by 31 December 2026.

ECHO
LAWYERS





澳洲 康道
CONCORD

Designed to bolster your immune system while boosting energy and overall vitality, this product offers comprehensive immune and vitality support, supports lung function and kidney balance, helps promote relaxation for more restful sleep, and relieves cough and throat irritation, contributing to your general health and well-being all year round.

Online shop: [CLICK HERE](#)



POWERROLL®

This fast-acting pain remedy targets muscle and joint discomforts, including back pain, inflammation, swelling, and arthritis. Formulated with emu and natural essential oils, it comes in hot and cool roll-on oil, cream, or patch forms for convenient relief.

Online shop:

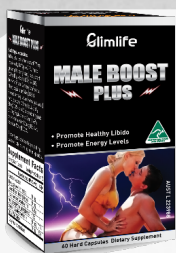
[CLICK HERE](#)



HoneyLife

Featuring a premium blend of manuka honey, propolis, and royal jelly, all highly prized for superior purity and quality, this powerful combination offers significant benefits, including antibacterial, antioxidant, and anti-inflammatory properties, working to boost immunity and energy and improve overall wellness.

Online shop: [CLICK HERE](#)



MALE BOOST PLUS

This natural supplement for men is designed to significantly enhance vitality and energy. It provides comprehensive support for male health, including promoting a healthy libido, sexual function, and reproductive health, while also supporting optimal prostate and kidney function.

Online shop: [CLICK HERE](#)

东阿阿胶

This product is formulated to replenish Qi and blood, working to enhance beauty from within. It nourishes blood and Yin, which can help alleviate symptoms such as dizziness and insomnia.

Online shop: [CLICK HERE](#)



Offer:



Discount code:

CASS

Expiry:

31 August 2026 (all items)

Tel: 02 9638 2000

WeChat QR Code:



Notice Board

CASS Members' Benefits



Tel: Tony Szeto 0414 572 576

A global leader in wellness, OSIM offers massage chairs and health devices designed to support healthier, happier lives as trusted by millions worldwide.

WeChat QR Code



Offer:

- Get a \$100 OSIM voucher with purchases over \$1,000, or
- Save \$500 on any massage chair purchase over \$5,000.

Terms & Conditions:

- Offer valid at OSIM stores in Australia until 31 August 2026.
- Minimum \$1,000 spent in a single transaction required.
- Voucher redeemable in-store only at OSIM Australia locations.
- OSIM reserves the right to make the final decision on all matters.



Make A Friend Pty Ltd - Moon Rituals

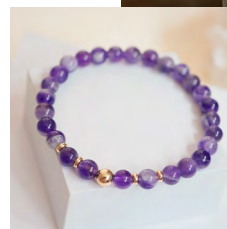
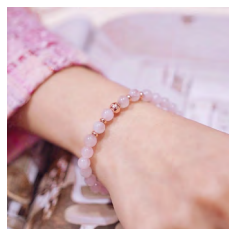
An online store offers a curated selection of crystals, candles, crystal jewelry, and spiritual products designed to help release stress and reconnect with inner peace.

Tel: 0432 715 127

Online business: www.moonrituals.com.au

Offer:

35% Off -
use Code "CASS" at checkout



Living Springs Health Group

An allied health company that offers physiotherapy, exercise classes (pilates and elderly exercise classes), occupational therapy, and massage services.

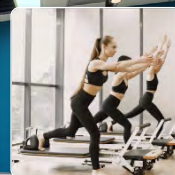
Tel: (02) 8077 8378

Address:

- 1) Shop 3, 2 Barratt Street, Hurstville NSW 2220
- 2) 44 Belmore Street, Burwood NSW 2134

Offer:

All CASS staff and members receive physiotherapy, pilates or elderly exercise class services at no out-of-pocket costs if they have private health insurance. It must be mentioned that they are from CASS to access these benefits.



Notice Board

CASS Members' Benefits

UGG®
1978AUS

Abw International Trade Pty Ltd

An officially certified UGG brand by IP Australia, known for quality, craftsmanship, and premium UGG products.

Tel: 0458 462 161

Email: iamjo117@hotmail.com

Website: www.ugg1978.com.au/ (or www.amazon.com.au search UGG 1978AUS)

Offer: 10% discount

(call / text or email Jo at 0458 462 161/ iamjo117@hotmail.com and quote "Cass" to redeem).



Dumpling Room

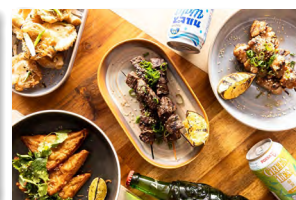
A Chinese restaurant offering homemade dumplings and noodles

Tel: (02) 9516 1640

Address: 124 King Street, Newtown NSW 2042

Offer:

10% off the total bill, including food and drinks (offer valid daily from 5 pm onwards. Cannot be combined with other in-store promotions.)



Chen's Little Kitchen

Expertly blending traditional flavors with modern convenience, it delights patrons with exceptional Cantonese cuisine.

Tel: (02) 9267 9850

Address: 108 Beamish Street, Campsie NSW 2194

Online booking: <https://chenslittlekitchen.yumbojumbo.com.au/>

Offer: 5% off during the dinner session, excluding discounted set packages and live seafood.





Karpro Group Pty Ltd (t/as Karpro Tyre & Auto)

A trusted, family-owned auto repair and tyre business serving Campsie and Miranda since 2002, known for honest service, expert repairs, and community support with tailored offers.

Tel: (02) 9195 5111

Address: 1) 106 Beamish Street, Campsie NSW 2194
2) 526 Kingsway, Miranda NSW 2228

Website: <https://www.tiktok.com/@karprotyreandauto> or www.karpro.com.au/

Offer:

10% for all vehicle servicing and mechanical repairs (excludes registration checks and tyres)

Terms & Conditions:

- Exclusive to current CASS members with valid proof of identity (e.g., CASS membership card).
- Offer invalid if CASS membership ends.
- Applies to CASS member-owned vehicles only; not transferable to family, friends, or others.
- Limited to one vehicle per CASS member.
- Vehicle must be privately registered; excludes Uber, rideshare, taxi, and commercial vehicles.
- Applies only to mechanical repairs and servicing; excludes tyres and registration checks (eSafety inspections).
- Must be mentioned at booking; cannot be combined with other offers.

Westpac Exclusive Home Lending Support

Westpac supports individual Home Ownership Goals with:

- Buying your first or next home;
- Purchasing investment properties;
- Understanding your borrowing capacity; and
- Free home loan health check to ensure you are getting the best out of your mortgage — including rates, options, and structure.

CASS members can access exclusive offers through the Corporate Partnership with Westpac.



For more details, contact Kelly Mak at Westpac at 0422 393 924 or kelly.mak@westpac.com.au

IT TAKES A LITTLE

